

The International Bellydance Congress Timetable of Workshops, Talks and Masterclasses

This is the timetable of the times and teachers, so that you can start to choose with which teachers you would like to study over the weekend. The timetable is subject to additions and slight changes according to the needs of our star teachers.

Workshop Levels - Open Level is a level that everyone will enjoy. Level 2 is Improver level (6 months to 2 years experience). Level 3 is intermediate (2 years experience or more). Level 4 is advanced for professional dancers.

Professional dancers can apply to attend master classes with Randa and Sadie for an extra fee of £30 per masterclass. Please see the workshops page on the main website for details www.bellydancecongress.com/workshops.html

FRIDAY

LOCATION	ROOM	WORKSHOPS & ACTIVITIES	
CANAL BUILDING	CANAL SUITE	1:00-3:00 Leyla Jouvana & Roland Multiple Layers with Leyla Open Level	3:30-6:00 Sadie Drum Solo Secrets Level 3/4
CANAL BUILDING	STATE SUITE	1.00-3.00 Raheesha Romany Gypsy Open Level	4:00-6:00 Caroline Afifi Shaabi Cairo Nightclub Style
CANAL BUILDING	BEEPYS CLUB	1.00-3.00 Anne Kingston Burlesque without the Strip! Open Level	3.00-5.00 Randa Kamel Masterclass Professional Level <i>(pre-booked only)</i>
INTERNATIONAL HOTEL	PENINSULAR LOUNGE	1.00-3.00 Les Soeurs Tribales LST Signature Moves Open Level	3.30-6.00 Sahira Improvisational Skirt <i>(Flamenco Tribal – wear a skirt)</i> Level 2/3
INTERNATIONAL HOTEL	ROBART SUITE	1.00-3.00 Khaled Mahmoud Cheeky Shaabi – Technique & Choreography Open level	3.30-6.00 Artemisia Love Your Veil <i>(bring a veil)</i> Open Level

SATURDAY

LOCATION	ROOM	WORKSHOPS & ACTIVITIES							
CABARET SUITE	CABARET SUITE	9.00-12.00 Randa Kamel Randa's High Energy Style & Technique Level 3/4		12.00-3.00 Cleopatra Award Competition		3.00-6.00 Leyla Jouvana 39 Shimmies & 1001 Variations from the Shimmy Queen Open Level		6.00-7.00 Performance Platform	
CABARET SUITE	ARTISTES BAR	10.30-12.00 Adam Warne Introduction To Tabla Rhythms Open Level		12.30-2.00 Eman Zaki Make Your Own Designer Costume		2.30-4.00 Gayle Buckley Stage and Hafla Makeup Demonstration		4.30-6.00 Adam Warne Tabla Rhythms Repertoire Open Level	
CANAL BUILDING	CANAL SUITE	9.00-12.00 Sahira Extreme Belly Dance Level 3		12.00-1.30 Fifi Abdou Dance with Fifi Open Level		2.00-3.30 Fifi Abdou Cane Dance with Fifi Open Level		4.00-6.00 Sadie Afro-Brazilian/Samba Open Level	
CANAL BUILDING	STATE SUITE	9.00-12.00 Ozgen Ottoman Harem Dance with Veil (bring a veil) Level 2/3		12.30-2.30 Dawn O'Brien Robot Girl Level 2/3		3.00-5.00 Her Royal Hellness Lucretia/ Christine Emery Vamp It Up (bring a veil or wings or both) Open Level			
CANAL BUILDING	BEEPYS CLUB	10.00-12.00 Josephine Wise Tango Baladi Fusion (Johara Dance) Level 3		12.30-2.30 Kay Taylor & Adam Warne Explore Tabla Solos with Kay & Adam Open level		3.00-5.00 Charlotte Desorgher Nubian Dance Open Level			
CANAL BUILDING	SQUASH COURT	9.00-11.00 Artemisia Exciting Entrances Level 2/3		11.30-1.30 Raphaelle 'Mwahashat 'Arab/Andalucian Court Dance Level 2/3		1.30-3.30 Nawarra Shikkatt/Moroccan Shaiibi Open Level		4:00-6:00 Gwen Booth Fan-Tabulous Fan Technique & Combinations Level 2/3 (bring 2 small fans & a feather boa)	
INTERNATIONAL HOTEL	PENINSULAR LOUNGE	9.00-12.00 Anasma Wushu Bellydance Martial Arts Fusion 'Warrior Woman' Open Level		12.30-2.30 Les Soeurs Tribales Tribal Basics Level 1		3.00-6.00 Les Soeurs Tribales LST Tribal Drum Solo Level 3			
INTERNATIONAL HOTEL	ROBART SUITE	9.00-12.00 Razia American Cabaret Style Choreography Open level		12.30-2.30 Fereshteh Travel In Style – Step Combinations Level 2/3		3.00-6.00 Khaled Mahmoud Ghawazi with Sagat (bring finger cymbals) Level 3/4			
INTERNATIONAL HOTEL	WINDSOR SUITE	9.00-12.00 Caroline Affi Modern Egyptian Dance Technique Level 2		12.30-2.30 Paola Ziliotto Boudress Dramatic & Fun Choreography Open Level		3.00-6.00 Yasmina of Cairo Interpreting Oum Kalthoum Level 3/4			

SUNDAY

LOCATION	ROOM	WORKSHOPS & ACTIVITIES						
CABARET SUITE	CABARET SUITE	9.00-12.00 Sadie Veil Choreography Level 3		12.00-2.00 Isis Award Competition		2.00-3.00 Performance Platform	3.00-6.00 Leyla Jouvana Dance of the Seven Veils Level 3/4	6.00-7.00 Performance Platform
CABARET SUITE	ARTISTES BAR		10.30-12.00 Guy Schalom Tablatastic 1 Level 1		12.30-2.00 Beatrice Curtis From Nagua to Fifi, Egyptian Stars from the 1970's & '80's		2.30-4.00 Guy Schalom Tablatastic 2 Level 2	4.30-6.00 Yasmina of Cairo The Cairo Dance Scene Today
CANAL BUILDING	CANAL SUITE	9.00-12.00 Randa Kamel Randa's High Energy Choreography Level 2/3		12.30-2.30 Anasma Expressive Bellydance Open Level		2.30-4.00 Fifi Abdou Dance with Fifi Open Level		4.30-6.00 Fifi Abdou Dance with Fifi Open Level
CANAL BUILDING	STATE SUITE	9.00-11.00 Raphaelle 'The Avengers' Oriental Psychedelic Fusion Level 3		11.30-1.30 Razia Exquisite Arms & Hands Open Level		2.00-4.00 Her Royal Hellness Lucretia/ Christine Emery Living Dead Girls/Dance Like A Zompire - Open Level		4.00-6.00 Khaled Mahmoud Oriental Technique with Veil Level 3
CANAL BUILDING	BEEPYS CLUB		10.00-12.00 Nawarra Moroccan Berber Dance Open Level		12.30-2.30 Artemisia 'Tales Of The Sahara' Choreography Level 3		3.00-5.00 Ozgen Turkish Arabesk Dance Level 3	
CANAL BUILDING	SQUASH COURT	9.00-11.00 Raheesha Bhangra & Bollywood Fusion Open Level		11.30-1.30 Charlotte Desorgher Work That Bellydancer's Body Open level		2.00-4.00 Paola Ziliotto Boudress Mystery & Passion Choreography Open Level		4.00-6.00 Eman Zaki Samia Gamal Style Open Level
INTERNATIONAL HOTEL	PENINSULAR LOUNGE	9.00-12.00 Les Soeurs Tribales Tribal Zills (bring zills) Level 3/4		12.30-2.30 Sahira Solo Tribal: How to Lead Level 2/3		3.00-6.00 Anasma Hip Hop Bellydance Fusion Level 2/3		
INTERNATIONAL HOTEL	ROBART SUITE	9.00-11.00 Fereshteh Oriental Moves & Technique Level 3/4		11.30-1.30 Ozgen Authentic Gypsy Dance (wear a skirt) Level 2/3		1.30-3.30 Gwen Booth Showgirl Fusion Boa Dance (bring a feather boa) Open Level		4.00-6.00 Sadie Masterclass Professional Level (pre-booked only)
INTERNATIONAL HOTEL	WINDSOR SUITE	9.00-11.00 Harriet Gervasio Burlesque with Everything Open Level		11.30-1.30 Yasmina of Cairo Yasmina's Modern Cairo Style Open Level		1.30-3.30 Dawn O'Brien Tick Tick Tick...Boom! Strobing Street Dance Level 3/4		4.00-6.00 Anne Kingston Using Expression & Emotion In Your Dance Open Level

Workshop descriptions

Adam Warne

Introduction to Tabla rhythms

Level: Open

Adam will go through the basic rhythms and the techniques for playing them. Suitable for beginners, though Adam will throw in some ideas for anyone who masters the basics quickly.

Tabla rhythms repertoire

Level: Open/2

Building on from the earlier session, Adam will look at extending your repertoire. This session is also designed to be interactive and respond to individual drummers needs/requests.

Anasma

Wushu Bellydance Martial Arts fusion – ‘Warrior woman’

Level: Open

Have you always dreamt of being part of the "Tiger and Dragon" cast? This oriental fusion uses the esthetics of Wushu: playing with speeds, impressive pauses, animal imagery, defensive and offensive moves. We will also work on the icon of the Warrior woman. No weapons needed! Good knees and flexibility a plus.

Expressive Bellydance

Level: Open

Composing your choreography - Staging and dramatic entrances and exits- technique and exploration.

Bellydance Hip Hop liquid fusion

Level: 2/3

Learn to apply Hip Hop technique to bellydance and open endlessly the doors of creativity. This is the subject of Anasma's new DVD.

Anne Kingston

Burlesque without the strip!

Level: Open

It's not what you do, it's the way that you do it! Burlesque does not have to be about stripping It's all about the tease!

Using expression & emotion in your dance

Level: Open

How to bring out expression and emotion to give your dance greater depth and range. Anne is mesmerising to watch and makes you feel the music as if you were dancing with her.

Artemisia

Love your veil

Level: Open

Artemisia's favourite prop is the veil. Even if it isn't yours - yet, she will teach you how to love it! Please bring a rectangular veil.

Exciting entrances

Level: 2/3

Own the stage from the moment you enter! Technique and attitude for exciting entrances for a multitude of styles.

Tales of the Sahara – Choreography

Level: 3

It's not just a veil, it can become a cane, a melaya, a wrap and even a khaleegy dress. A challenging oriental choreography with some very original veil work! Please bring a rectangular veil.

Beatrice Curtis

From Nagua to Fifi, stars of the 1970s and 80s

Video talk

Watch fabulous video footage and learn about the great Egyptian stars of the 1970s and 80s, such as Nagua Fouad, Suhair Zaki and Mona Said, culminating with our Congress superstar, Fifi Abdou.

Caroline Afifi

Sha'abi Cairo nightclub style

Level: Open

A fun and funky class looking at how the sha'abi style is used in nightclubs all over Cairo.

Modern Egyptian dance technique

Level 2

Caroline explores some of the technique behind modern Egyptian dance moves. Her effortless technique makes this accessible to all.

Charlotte Desorgher

Nubian Dance

Level: Open

The dance of the people of Aswan in Upper Egypt, Nubian dance is fantastic bouncy fun! This class is upbeat, high energy and accessible to absolutely everyone.

Work that bellydancers body

Level: Open

Demanding bellydance drills and body conditioning aimed at improving all aspects of your bellydance technique - includes a 10 minute shimmy drill!

Christine Emery - Her Royal Hellness Lucretia

Vamp it up

Level: Open

Add a scary twist to your dance with vampire inspired moves, then we can add veils or even better Isis/vampire bat wings

Living Dead Girls – dance like a Zompire

Level: Open

A Zompire is a cross between a zombie and a vampire - the lust and allure of the vampire and the ruthless killer instinct of the zombie. Start by learning a few simple zompire inspired bellydance moves combined with lots of attitude, which we then use to learn the infamous Zombie choreography to Rob Zombie Living Dead Girls - if you don't credit me when performing it I'll hunt you down, eat you up and spit you out.

Dawn O'Brien

Robot Girl

Level 2/3

How to do the robot and other exciting styles. We'll break down robotics, locking, body popping, various travelling steps including the glide, the circular glide, the backslide/moonwalk and the running man.

Tick tick tick tick Boom!

Level: 3/4

Strobing street dance

Dawn will take you through a breakdown of this tightly controlled style of street dance. Ticking (or strobing, as it's also sometimes called) is the controlled execution of a series of small muscular movements, breaking down a larger shape/line/circle etc. with many stops. The overall effect is that the body part appears to "tick" like the second hand on a clock, or as if seen in strobing light. This style and drills we'll cover can be incredibly useful for all dance styles as it's one step on from your "standard" isolation drills.

Eman Zaki

Make your own costume

Demonstration workshop

Eman Zaki, top costumier from Cairo, will show you how to put together an easy and simple pattern to make your own costume. If you have a part made costume you want to bring along to get ideas for, there may be time for this too.

Samia Gamal Style

Level: Open

Eman Zaki learnt from her mother who danced at the same time as Samia Gamal. Eman too has a soft flowing style and loves the old 'black and white' era. Eman has only recently started teaching but feedback from people who have attended this workshop before say it was just delightful. They really came away inspired.

Fereshteh

Travel in style

Level: 2/3

Interesting step combinations to take away and use in your own dance.

Oriental moves & technique

Level 3/4

Fereshteh has sharp clear technique in the modern Egyptian style a la Dina. Here she will explore more complex technique for higher level dancers to take away.

Fifi Abdou

What can we say about Fifi's workshops? Watch the extensive video/DVD footage of her to see what you might be in for. She is a mega star in Egypt. A dancer made good. A film star and TV personality as well. Absolutely fabulous. In her heyday she has been the inspiration for many dancers.

Fifi told us all her workshops will be different, each with its own music. She is known for her baladi/sha'abi style. Relaxed and fun. Her shimmies are to die for – and she oozes personality.

Fifi is particularly famous for her cane dancing – so this is proving a very popular choice.

Gayle Buckley

Bellydance makeup for hafla and stage

Demonstration

Gayle Buckley is a professional make up artist - and a bellydancer. She'll be teaching you how to create a beautiful bellydancer look for haflas or stage. Bring makeup (and lashes if you have them).

Guy Schalom

Tabla-Tastic

Level: 1

From Upper Egypt to the Nile Delta, from Cairo concert hall to Mohamed Ali Street, percussionist Guy Schalom will guide through the basic sounds and most common rhythms of Egypt. Highly recommended for dancers or musicians who wish to broaden their knowledge of Middle Eastern music and develop a feel for the Egyptian beat. Not to be missed!

Tabla-Tastic 2

Level: 2

A follow up to the previous workshop or for those who have attended Tabla workshops already. Guy Schalom will expand your rhythmic repertoire, broaden your technical abilities and encourage a stronger inner pulse and feel for Middle Eastern music. A must for those wishing to go that step further in Egyptian music!

Gwen Booth

Fan-tabulous

Level 2/3

Fan technique and combinations workshop at improver plus level. Ideas to take away and use fan-tastic!

Showgirl Fusion boa dance

Level: Open

Let out your inner showgirl! No stripping involved! Love being theatrical? You will love this!

Harriet Gervasio

Burlesque with Everything

Level: Open

In this class you will have lots of fun learning the technical basics of burlesque, including walks and poses, the bump, the grind and the burlesque shimmy! We will learn the fine art of making an entrance and teasing your audience through subtle techniques including removing what items of clothing you dare! There will be a chance to put it all together into a dance at the end. Do not worry, there will be no nudity involved, you can wear a t-shirt and leggings under your clothes if you wish!

Bring with you: gloves, high heels, a dress that can be removed easily with no tricky fastenings eg a wrap around. Feather boa optional.

Josephine Wise

Tango Baladi Fusion

Level: 3

Learn a piece of Josephine's choreography as performed by the Johara Dance Company. This starts with a real tango introduction and develops into a sexy baladi dance with tango overtones and accents. See it on Friday night at the Congress, then learn how it's done!

Kay Taylor

Exploring Tabla solos

Level: Open

Kay and percussionist Adam Warne lead this exploration through tabla solos.

This is not about how good your shimmy is or how many hits and taks you can do. It is not about technique.

This is for any level and looks at different ways to structure a tabla solo – and how to make yourself and the tabla player look good! Whatever your level, you will take something away from this session.

Working with live music is such fun! Come along and try it.....

Khaled Mahmoud

Cheeky Sha'abi technique & choreography

Level: Open

Sha'abi is Cairo's street music ... you hear it everywhere. Fun and funky, this choreography gives you an insight into the music and the moves.

Ghawazi with Sagat

Level 3

Ghawazi with short choreography. Not complicated in itself – Ghawazi is about enjoyment and fun. Adding finger cymbals gives that additional layer of complexity.

Oriental technique with veil

Level: 3 / 4

Fabulous oriental technique incorporating use of veil to make you look incredible! Khaled has some great ideas to share.

Les Soeurs Tribales

LST signature moves

Level: Open

This workshop focuses on connecting with your partners during the dance switching up in different formations. We will be using basic tribal bellydance moves and Les Soeurs Tribales moves and combos that will be explained during the workshop.

Tribal basics

Level: 1

This workshop will cover the fundamentals to tribal bellydance: posture, how to listen to the music, fast and slow movements, transitions and formations. No prior experience in Tribal bellydance needed.

LST Tribal drum solo

Level: 3

This workshop focuses on technique, isolation, layering, combos, drum solo choreography

Tribal Zills

Level: 3 / 4

This workshop focuses on dance, rhythms and zills patterns. We will dance switching into different rhythms and zills patterns. We will be using Tribal bellydance moves and combos that will be explained during the workshop.

Leyla Jouvana & Roland

Multiple Layers

Level: Open

The legendary Leyla will look at ways to layer moves and add complexity to your dance.

39 Shimmies & 1001 variations

Level: Open

The legendary Shimmy workshop with Leyla Jouvana in USA and Germany known as the Shimmy Queen (Halima Award for best Drum Solo Dancer & shimmy Queen)

Dance of the 7 veils

Level: 3/4

This choreography won 1st place Duo at the Belly dancer of the World Contest. Powerful veil dance with a short Tribal fusion entrance - choreography from Leyla which sets new standards of excellence! This workshop will also cover turns, spins, losing and keeping your veil and general veil technique. Please bring a veil (some available to buy from Leyla Jouvana)

Nawarra

Shikkatt

Level: Open

Shikkatt – or sometimes known as Moroccan sha'abi, is widely listened to by Moroccans. It is used to express people's political views and feelings via various groups. Danced in all different occasions, the dance requires different shoulder shimmies, and circles and some hair sways, an absolute joy and fun to do.

Moroccan Berber dance

Level: Open

The Berber-rich folk dance that varies from one tribe to another: Shlough are the most popular in the Berber style: A line dance combined with the stomping of the feet and the clapping of hands that create a mesmerizing effect, require a powerful physical strength while moving forwards and backwards as one unit...this dance is absolutely spectacular to watch.

Ozgen

Ottoman Harem dance with veil

Level: 2/3

Ottoman style music and dance – the girls enter the harem to face the sultan.....

Authentic Gypsy dance

Level: 2/3

The Romany style working with 9/8 rhythms. Exciting and passionate.

Turkish Arabesque dance

Level: 3

Arabesk is a style of Turkish urban popular music that originated in 1970s in the recording studios of Istanbul. As its name suggests, it is Arab influenced and stylistically connected with the music of the Egyptian cinema. Some big names of Arabesk music in Turkey are Ibrahim Tatlis and Orhan Gencebay.

Paola Ziliotto Boudress

Dramatic & fun choreography

Level: Open

Learn Paola's very ironic and theatrical version of "Habibi ya aini"

Mystery & passion choreography

Level: Open

"Love is not forbidden" from Hossam Ramzy - raffinated and charming version full of mystery and passion.

Raheesha

Romany Gypsy

Level: Open

Enjoy the freedom and of this fiery fusion of Indian, Turkish and Andalusian dance. Raheesha will take you through the history and travels of the Roms with moves from each country they travelled and lived.

Bhangra & Bollywood fusion

Level: Open

This upbeat dish mixes the folk dance of Punjab with the glamour of Bollywood and a dash of Middle Eastern Influence to create a high-energy dance routine to the Slumdog Millionaire song Jai Ho.

Randa Kamel

Randa's high energy style & technique

Level: 3/4

Randa has her own unique style – here she will focus on technique a la Randa.... Randa's technique is strong and fabulous. Reda trained, she is a clear teacher and believes in focussing on technique.

Randa – high energy choreography

Level 2/3

Randa promised us that this is new – the first time she has taught it in the UK. Although nothing is guaranteed!

Raphaelle

'Mwahashat 'Arab/Andalucian Court Dance

Level: 2/3

Learn this delightful piece of choreography. Raphaelle recreates the Andalucian era.

The Avengers

Level: 3

Oriental psychedelic fusion in true Avengers style! You have to try it to believe it!

Razia

American cabaret style choreography

Level: Open

Learn a short-but-sweet entrance choreography to "Dance Valerie" by Eddie Kochak. This choreography will feature technique and combinations that highlight the high-energy essence of the American Cabaret style and Razia will also share some interesting cultural tidbits about the early American belly dance scene that inspired her to create this piece! Notes will be provided in class.

Exquisite Arms & hands

Level: Open

Razia will share her techniques for energized, powerful and elegant upper body carriage that will improve your dance presentation no matter what your style or level. Learn Razia's famous "Arm Torture" drills for strength and stamina as well as a variety of poses, transitions and combinations to enhance your dance.

Sadie

Drum solo secrets

Level: 3/4

Sadie is known world wide for her awesome drum solo technique and choreographies. She has been featured on many performance and instructional videos displaying her unique skill. In this workshop Sadie will take you through a series of exercises and drills that will break down their technique and her drum solo secrets like "Pops" and "Locks" to help you develop sharper more defined isolations necessary for fast drum solo choreographies.

Veil Choreography

Level: 3

The veil is your medium to playing with the element of air. It brings a whole new dynamic to the mood and emotion of your dance. Learn one of Sadie's veil choreographies using lots of wonderful veil techniques.

Afro Brazillian Samba

Level: Open

Brazilian Samba is one of Sadie's most requested classes and workshops. This workshop will break down some of the most popular moves and foot patterns in the Samba no Pe`, the soloist dance seen at Rio's Carnival and in many night clubs in Brazil, as well many of the traditional Afro-Brazilian movements and add them together in exciting choreography or short combinations. Get ready to have a great time, burn some serious calories and add some spice to your dance vocabulary.

Sahira

Improvisational skirt – Flamenco Tribal

Level: 3

Add some Rumba style Flamenco flair to your tribal repertoire. Sahira will teach a vocabulary of improvisational skirt moves with their associated cues. Special attention will be given to Spanish skirt stylings and body attitude. Wear a skirt.

Extreme Bellydance

Level: 3

It's all about technique: Think you know the hip circle? Think you know the chest lift? THINK AGAIN! Sahira will take you through a series of drills and exercises that pair your favorite isolations and foot patterns together in a way that you never thought possible... and it will blow your mind!

Solo Tribal: How to lead

Level: 2/3

Sahira teaches how to transition from group tribal dancer to center of the chorus soloist. Variations on your favorite tribal movements, solo flair, and attitude will be demonstrated and discussed.

Yasmina of Cairo

Interpreting Oum Kalthoum

Level: 3/4

Yasmina will guide you in techniques for interpreting the beauty and intensity of Om Khalsoum's songs and then work with you on dancing to one of her greatest songs. Ansak. This workshop is a must for the advanced or professional dancer.

Yasmina's Modern Cairo style technique

Level 2/3

The latest moves from Cairo, Yasmina style. Taught with Yasmina's trademark clarity and patience.